

BICYCLE TOURING PACKING LIST

Personal

- BICYCLE
- HELMET
- RACKS / PANNIERS / HANDLEBAR BAG
- MAPS
- BIKING GLOVES
- EYE PROTECTION / SUNGLASSES
- SUNSCREEN
- LIP BALM
- BUG DOPE
- SNACKS / ENERGY BARS
- WATER BOTTLES / CAMELBACK
- TOILETRIES / MEDS / VITAMINS
- TOWEL / WASHCLOTH
- READING MATERIAL / BOOK
- HEADLAMP / FLASHLIGHT / BATTERIES
- CAMERA / FILM / FLASHCARDS

Clothing

- RAIN JACKET AND PANTS
- (2) PAIR OF CYCLING SHORTS
- (2) PAIR OF CASUAL SHORTS
- (2) CYCLING JERSEYS (OR EQUIV.)
- (2) T-SHIRTS / TANK TOPS
- (1-2) LONG SLEEVED SHIRTS
- (1-2) PAIR OF WIND / SYNTHETIC PANTS (NO COTTON)
- (1) PAIR OF POLY TOP AND BOTTOMS (OR EQUIV.)
- (2-3) PAIRS OF UNDERGARMENTS
- (2-3) PAIR OF SOCKS
- WIND PROOF SHELL
- FLEECE JACKET (OR EQUIV.)
- EAR MUFFS / HEAD BAND (FOR COLD WEATHER)
- POLY LINERS OR FLEECE GLOVES (FOR COLD WEATHER)
- SWIMWEAR
- BASEBALL CAP / HAT (FOR HELMET HAIR)
- BANDANAS
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Footwear

- BIKING SHOES
- CASUAL SHOES / SANDALS

Miscellaneous

- BIKE LOCK
- SPARE TIRE
- SPARE TUBE
- SPARE SPOKES
- PATCH KIT
- FRAME FIT PUMP
- TOOLS OF THE ROAD (see **ROVERS / LINKS**)
- MAJOR TOOLS (GROUP) *
- FIRST AID KIT (GROUP)
- SWISS ARMY KNIFE (OR EQUIV.)
- NYLON CHORD / CLOTHESPINS
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Camping

- SLEEPING BAG
- SLEEPING PAD
- TENT (SHARED)
- TARP (GROUP)
- STOVES (GROUP)
- FUEL BOTTLES / FUEL (GROUP)
- COOKING POTS (GROUP)
- COOKING UTENSILS (GROUP)
- DISHWASHING STUFF (GROUP)
- CRITTER ROPE / CRITTER BAG (GROUP)
- BOWL / CUP / PERSONAL UTENSILS
- BUNGEE CHORDS
- LIGHTER / MATCHES
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* Major Tools (GROUP)

- 10" CRESCENT WRENCH
- HEADSET / PEDAL WRENCHES
- CRANK ARM REMOVER / 8mm HEX WRENCH
- 3/8 DRIVE RATCHET
- 14mm AND 15mm SOCKETS
- CHAIN WHIP
- CASSETTE / FREEWHEEL REMOVING LUGS
- CHAIN LUBE / RAGS / ZIPLOCK BAG
- WD-40 / SILICON SPRAY